

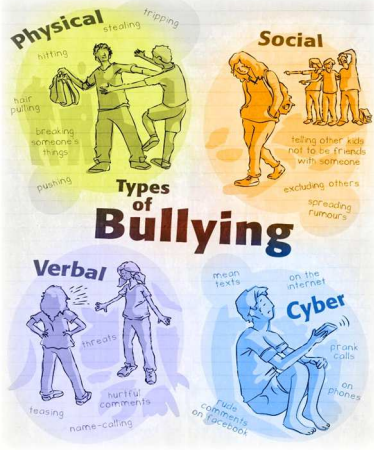

CALOW CHURCH OF ENGLAND

Child Friendly Anti-Bullying Policy



At Calow Primary School we work together by promoting our core values of Respect, Cooperation, Resilience, Caring and Honesty. We help each other to encourage positive relationships.

Our school feels that it is very important to help children who are being bullied. We have assemblies on how to deal with bullies and every year we take part in Anti-Bullying Week where we do extra activities about how to deal with bullying. In our classes, we talk about the different types of bullying. We also learn that we must tell an adult if we are being bullied.

<p>What is Bullying?</p>	<p>Bullying is when someone is deliberately mean to you every day or over and over again. It is behaviour which is meant to hurt, frighten or upset another person.</p>	
<p>What types of Bullying are there?</p>	<p>Bullying can be...</p> <p>Emotional: Hurting people's feelings, leaving people out.</p> <p>Physical: Punching, kicking, spitting, hitting, pushing.</p> <p>Verbal: Being teased, name calling, talking about people unkindly to others.</p> <p>Racist: Calling people racist names because of their skin colour, culture or religion.</p> <p>Cyber: Saying unkind things by text, e-mail and on other social media like Facebook or through online gaming.</p> 	
<p>When is it Bullying?</p>	<p>Bullying is when any of the above happens...</p> <p style="text-align: center;">Several Times On Purpose</p>	
<p>What should I do if I'm bullied?</p>	<p>If you are bullied:</p> <p>DO:</p> <ul style="list-style-type: none"> • Tell them you don't like it and to STOP if you can • Ignore them • Walk away • Talk to a friend or a member of our School Council • Tell a TRUSTED adult 	<p>DO NOT:</p> <ul style="list-style-type: none"> • Get angry or look upset • Hit them or fight back • Keep it to yourself • Think it's your fault
<p>Who can I tell?</p>	<p>If you are bullied or worried about someone else being bullied you can talk to friends, mum, dad or family members, teachers, teaching assistants, School Council, Playground Pals, midday supervisors or any other adult you trust. Childline listen to worries - 0800 1111.</p> 	
<p>What should I do if I see someone else is being bullied?</p>	<ul style="list-style-type: none"> • Let the person who is being bullied know that you know what is happening. • Support the person being bullied – you could offer to play with them. • Tell the bully to stop if it is safe to do so. • Tell an adult. • Don't stay quiet or the bullying will keep happening. 	
<p>What will school do to help?</p>	<p>If you are being bullied, the adults in school will:</p> <ul style="list-style-type: none"> • Listen and write down what you say and ask you how you are feeling. • Talk to everybody involved about what has been happening including parents. • Ask adults and friends to look after you and keep a close eye on you. • Decide what punishment is right for those involved. • Check that you are feeling better and getting on better. • Keep information of what you tell us and report these to parents. 	

If you are being bullied - Start Telling Other People!
Let's stamp out bullying together.